

Interventions: Low Vision Toolkit

Item	What to use it for:
Colored Foam Sheets	<ul style="list-style-type: none"> • Contrast color for table setting (use as a placemat) • Figure out best color contrast for patient for grooming items, kitchen items
Stickers	<ul style="list-style-type: none"> • Use as “bumps” to mark stove dial • Mark Items to distinguish • On/off button on phones with buttons • Mark calculators
Rubber Bands	<ul style="list-style-type: none"> • Use to mark can goods (e.g. 1 rubber band for corn, 2 rubber bands for peas, etc)
Colored Tape	<ul style="list-style-type: none"> • Add contrast color to assistive equipment such as walkers, rollators for proper hand placement • Marking grab bars in bathroom for increase contrast
Pocket Magnifying Glass	<ul style="list-style-type: none"> • Reading food labels – important for expiration dates • Reading small print on bills • Reading medication bottles
Colored Index Cards	<ul style="list-style-type: none"> • Can be used for important reminders for self such as taking medication, not to forget keys, location labeling for food shelves • Provide high contrast notes for self
Black Wide Tip Marker	<ul style="list-style-type: none"> • Write in large, bold letters on index cards • Label differentiate household supplies that are stored in similar spray containers such as window cleaners, bathroom cleaners, and all purpose cleaners
Pipe Cleaners	<ul style="list-style-type: none"> • Place markers on canned goods creating tactile labels